

COMPLIANCE NEWSLETTER

SPRING 2016



RECRUITING VISITS

Recruiting will be picking up this spring, including visits to campus. This is a reminder, that if you are a student host for a recruit, you are responsible for the actions and safety of that recruit.

Please remember that the \$40 of host money is for entertainment purposes only, and not to include purchasing gifts, alcohol, or other illicit drugs. Also, remember that many recruits are under the age of 18; all bars in Iowa City require persons under the age of 21 to be off the premises by 10:00 PM.

Please go over the student host responsibilities with your coach before a recruit visits campus!

SPORTS WAGERING

The NCAA has very strict rules on gambling. According to the NCAA, the definition of gambling is giving up something of value in hope of receiving something of value in return. The NCAA's gambling rules apply to fantasy leagues, NCAA Tournament bracket pools, etc. Recently, it has been announced that daily fantasy leagues fall into the same category as gambling. It is also important to know that daily fantasy leagues are illegal in 6 states (Arizona, **IOWA**, Louisiana, Montana, New Mexico, and Washington).

There are also reports of several other states looking to ban or restrict the use of daily fantasy leagues in their states.

The penalties for a student

-athlete participating in or being involved with gambling are very severe. A student-athlete that violates this rule will be ineligible for regular and postseason competition for a minimum of one year and lose at least one year of eligibility. The penalty for a repeat offense is a loss of all remaining eligibility.

**WIN. GRADUATE.
DO IT RIGHT.**



DRUG TESTING

There are three types of drug tests that student-athletes may be subject to throughout the year: NCAA, Big Ten, and University of Iowa

As a reminder, you should disclose any prescription medications you may be taking to your athletic trainer at the beginning of every academic year. Some medications/ingredients can trigger a positive test result. Also, make sure to clear all nutritional supplements with your strength coach or trainer to make sure they do not contain any ingredients that would result in a positive test.

REMINDER: CARA HOURS

This is a reminder to all student-athletes that CARA hour requirements can change throughout the season. No sport can have more than 20 required hours per week in-season and out-of-season sports are limited to eight hours per week. Also, out-of-season sports can have no required CARA the week of and before finals week while in-season sports can maintain their normal 20 hours per week.

REMEMBER: It is up to the student-athlete to check their CARA hours when asked to by the Compliance Office.

NCAA Rule to Know:

14.4—This rule covers the continuing eligibility requirement for student-athletes. It is the responsibility of the student-athlete to monitor their degree audit and speak to their Athletic Academic Advisor if they have questions or concerns regarding their eligibility.

Do not hesitate to contact your Compliance Sport Liaison if you have any questions regarding NCAA rules.

NCAA IN THE NEWS:

In October of 2015, Will Grier, who was the starting quarterback at the University of Florida, was suspended for the use of Performance Enhancing Dugs (PEDs). He has since appealed that suspension, and his suspension was upheld by the NCAA. Grier will sit out for one year of competition, meaning he will not be eligible to compete until the 7th game of the 2016 season against the University of Missouri.



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New Compliance Staff Member

We would like to welcome Henry Archuleta to the Iowa Hawkeye Family as an Assistant Director of Compliance! Henry joins us after serving at the Atlantic 10 Conference. He takes over for Monica Mims, who is now the Assistant Athletic Director of Compliance at University of Richmond! Henry will be working with Men's and Women's Basketball, Men's and Women's Tennis, and Volleyball.



Iowa Fun Fact

Iowa has played in 5 Rose Bowls prior to January! The last time Iowa played in the Rose Bowl, many current student-athletes were not even born yet!